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● **FOOTY SAVIOUR**

Tip me up, I feel blue

Footy tipping may help sad workers get through tough economic times.

Figures from a Newspoll survey of 485 workers revealed three out of four thought office footy tipping improved workplace morale.

Half said a footy tipping competition could make an office more relaxed and 69 per cent of respondents said it helped them to "bond" with their co-workers.

Almost 10 per cent of those surveyed for the research, commissioned by footytips.com.au, said participation in a footy tipping scheme would make them look better in the eyes of their boss.